



**CANAA**  
**Breakfast Meeting**  
Thursday, September 12<sup>th</sup>, 2024  
8:30 am to 12:00 pm  
Best Western (Red Room)

## Minutes

### Members Present:

Beyond 21  
Glengarry Inter-Agency Group  
Maison Interlude House  
Akwesasne, Cornwall, Stormont, Dundas, Glengarry Situation Table  
Maison Baldwin House  
Maison Baldwin House  
Centre York Centre  
Recovery Care  
Cornwall Police Service  
Regional Integrated Care  
CCH-Community Addictions and Mental Health Services  
House of Lazarus  
Équipe Psycho-Sociale  
United Way/Centraide of S.D. & G

Amy Malyon  
Joeseph Chatelain  
Véronick Czyzewski  
Elyse Lauzon-Alguire  
Danielle McCormick  
Angel Lalonde  
Jennifer Burke  
Lacey Bingley  
Steven Jarvo  
Josée Cotnam  
Jordan Poirier  
Marije Harbers  
Karina Poirier  
Jan Vesna

### Guest Speakers:

Cornwall Police  
Spark Synergy

Farhana Meghji  
Jessica Bourdeau

### Other:

Glengarry Inter-Agency Group

Jessica Bathurst (Student)

### CANAA Coordinator/Recording Secretary:

Nathalie Beaulieu

### Chair:

Clinique Juridique Roy McMurtry Legal Clinic

Patti Carson

1. **Call to Order / Welcome** at 8:49 am Patti Carson welcomed everyone to the meeting.
2. **Land Acknowledgement** – Amy Malyon read the Land Acknowledgment.

3. **Introductions** – All present were asked to introduce themselves.

4. **Adoption of Agenda**

Moved by: Josée Cotnam

Seconded by: Jessica Bourdeau

It was resolved that the agenda be accepted as presented.  
CARRIED.

5. **Approval of Minutes**

Moved by: Jordan Poirier

Seconded by: Danielle McCormick

It was resolved that the Minutes of May 16<sup>th</sup>, 2024, be accepted as presented.  
CARRIED.

6. **Budget (April 1, 2024 – March 31, 2025) – As of September 10<sup>th</sup>, 2024**

The following was reported by Patti:

Regarding our **MCCSS** Account Revenues, we are in our fifth month of the fiscal year. Expenses since the last meeting on May 16, 2024. Include Mileage, coordinator's Pay, Admin Fees, Workshops, swag (purple pens), and Sponsorship.

**CANAA Bank account RBC** – since the last meeting on May 16<sup>th</sup>, 2024, our revenues including Breakfast Meeting payments and expenses, and bank fees.

We attempted to go paperless to save \$5.00 in fees, but this was not possible because going paperless requires a bank card, which CANAA does not have. Therefore, we reverted to receiving bank statements by mail, and the bank fee will remain at \$8.75 as before.

Source	Grant/Income	Revenues Y-T-D	Expenses Y-T-D	Balances
MCCSS (Annualized funding)	\$24,813.38	\$10,338.91	\$10,567.64	\$14,245.74
CANAA Bank Account	\$11,800.56 (Opening Balance)	\$1,435.00	\$512.97	\$12,722.59

Moved by: Jessica Bourdeau

Seconded by: Elyse Lauzon-Alguire

It was resolved that the Budget be accepted as presented.  
CARRIED.



- Jessica presents our Strategic Plan
- Quickly highlight results from SWOT analysis, and high-level Strategic Plan (PVM, Strategic Priorities & Objectives)
- Present Budget and Ministry Outcomes & Performance Measures for discussion
- Subdiscussion re: Contract for CANAA Coordinator
- Split into smaller groups, based on Strategic Priorities/Committees, to discuss activities and timelines
- Discuss next steps, including meeting structure moving forward

A) Activity – Herrmann Whole Brain Model.

All members participated in this activity, all members found out what Predominant Preference they were, **Blue** was Analyze, **Yellow** Strategize, **Green** organize and **Red** personalize

B) Jessica presented our Strategic Plan 2022-2024 and asked members if we were still in agreement with this plan.

- **Purpose:** Optimize members' individual and collective capacity to take action against abuse.
- **Vision:** A well-connected network of members actively and efficiently working together to address abuse in our community.
- **Mission:** Take action against abuse through networking and community education.
- **Values:** Respect, Integrity, Trust, Inclusion, Collaboration.

**STRATEGIC PRIORITIES & OBJECTIVES**

- **Boost Membership Growth and Network Connection**
  - Expand our membership base to include survivors, supporters, and sector professionals from all across SDG&A
  - Optimize network meetings to include dynamic discussion, brainstorming and information sharing.
  - Create structured opportunities for member connection and collaboration.
- **Optimize Training and Service Delivery**
  - Offer diverse workshops to members and the broader community.
  - Identify and collectively address duplication of services, as well as service gaps.
- **Enhance Community Awareness**
  - Increase community awareness regarding threats of abuse, prevention, and services available.

Members were all in agreement with the Strategic Plan.

C) Jessica asked if members were still in agreement with the purpose of the Strategic Plan.

- Optimize members'

- Individual and collective
- Capacity to take action
- Against abuse
- Taking action to abuse
- Patti expressed concern about the lack of specificity regarding the type of violence CANAA's intends to address, as we need to ensure that CANAA's efforts are aligning with the requirements of the Ministry funding, which is dedicated to Gender Based Violence/Intimate Partner Violence. It was agreed to leave the purpose statement as-is In order to be inclusive of our various partners; however, moving forward, the Network is committed to actively employing a GBP/IPV lens to its activities in order to ensure alignment.

D) Jessica asked if members were still in agreement with the Values & Shared Behaviours

- **Respect:**
  - Listening with an open mind
  - Setting clear expectations
  - Appreciating our differences in knowledge and experience
  - Expressing gratitude for others' efforts
  - Remaining considerate of each others' time.
- **Collaboration:**
  - Creating space for sharing and innovation
  - Maintaining open communication
  - Supporting member organizations' initiatives
  - Capitalizing on each others' strengths
  - Actively seeking out opportunities to work together to leverage capacity in a collectively beneficial way.
- **Integrity:**
  - Doing what we say
  - Choosing courage over comfort
  - Being honest and transparent
  - Taking responsibility for our own actions and the impact they may have on others
  - Putting the needs of the common good before our own
  - Meeting deadlines and expectations
- **Trust:**
  - Fostering a sense of safety among members
  - Keeping personal and confidential information private
  - Keeping sensitive information within the group
  - Remaining open to feedback (both positive and seemingly negative)
  - Reserving judgements

- Remaining committed to addressing misunderstandings and resolving disagreements
- **Inclusion:**
  - Greeting each other authentically
  - Fostering strong connections across all members
  - Listening as an ally, with curiosity and humility
  - Inviting others to share their thoughts
  - Speaking up when people are being excluded
  - Fostering a sense of unity
  - Encouraging each others' creativity
  - Celebrating our differences

Members were all in agreement with the Values & Shared Behaviours.

#### E) Where we are now - Feedback from Survey Swot Analysis

##### **STRENGTHS**

- Communication & Information Sharing
- Resource sharing (bus tickets, gift cards)
- Engaging partners
- Workshop coordination
- Efficient meetings
- Passionate about taking action against abuse
- Outreach, founding

##### **WEAKNESS**

- Meeting goals & objectives
- Assessing Impact
- Community Awareness / Social Media
- Member Participation & Involvement
- Vacancies with Executive positions

##### **OPPORTUNITIES**

- Increasing community awareness
- Fundraising/grant writing to increase financial capacity
- Hiring a dedicated part-time coordinator
- Exploring new partnerships
- Expanding membership base to include organizations and individuals from neighbouring communities throughout SDG & A
- Seeking out volunteers and placement students to increase capacity.

##### **THREATS**

- Cuts to funding
- Communication Breakdown

- o Capacity of Members
- o Capacity of Coordinator (part-time)

### **Open discussion on the feedback from the survey**

- We discussed the possibility of hiring a part-time coordinator and considered the implications of doing so. It was brought up that if we went this route, Inspire would no longer be involved as the banker or coordinator. Some members expressed concern, but Patti clarified that in the past, the agency acting as the banker simply met the funder's requirements while the coordinator was hired and reported to the executive of CANAA. This arrangement would make Inspire take on a more substantial role as the employer of the CANAA coordinator, and therefore have oversight and responsibility to the funder for the work of CANAA.

Patti offered a clear example: "Nathalie, you go to Stephanie for decision-making regarding CANAA." I explained to Patti that the reason for this is that Stephanie was the previous Coordinator for CANAA and she is the one who trained me for the Coordinator's position; therefore, that's the only reason behind that. All other information is through you.

- Patti was very clear that CANAA needs to support IPV/GBV provincial initiatives as per the Ministry guidelines. And yes all abuse "matters" but it is also important that there is a voice to speak about the specifics of this type of violence and acknowledge that this is an epidemic. There are all kinds of voices for all kinds of issues in our community- IPV/GBV needs a voice focus.
- It was suggested to put on the Agenda at the bottom of the page our Strategic Priorities & Objectives. All members were in favour.
- CANAA could hire a media- coordinator.
- It was mentioned we could have a student doing media marketing; the concern was who would supervise that individual. They could do it virtually.

F) Jessica asked members to divide themselves into three groups from the pillars of the Strat Plan. To come up with some ideas on how to move forward with CANAA. Patti had a question "If someone doesn't like their group and would like to change group can they change". Yes, they can.

- **Boost Membership Growth and Network Connection – Members are;**
  - o Josée Cotnam
  - o Steven Jarvo
  - o Joe Chatelaine

- Jessica Bathurst (Student)
- Amy Malyon
- Jennifer Burker
- **Optimize Training and Service Delivery**
  - Jordan Poirier
  - Karina Poirier
  - Marije Harbers
  - Véronick Czyzewski
  - Lacey Burke
- **Enhance Community Awareness**
  - Danielle McCormick
  - Patti Carson
  - Angele Lalonde

G) Return to the table to discuss what the three groups came up with

- **Boost Membership Growth and Network Connection**
  - Getting a list of the actual membership and looking at what Agency we are missing.
  - Do a one sheet to explain what is CANAA
  - Thy to reach out to the younger crowd
  - Lack of survivors, they are not ready, where are these people?
- **Optimize Training and Service Delivery**
  - To have all members present on their agency.
  - Jordan Poirier will be doing a template on how it should look and will be presenting at our next meeting on November 14<sup>th</sup>, 2024
- **Enhance Community Awareness**
  - Attract people in the community that is affected
  - Create an environment for survivors
  - Media action
  - Danielle volunteered to help with the social media portion
  - Hoot suite
  - Face book
  - Subpage
  - Share with members
  - Student volunteer, social media presenter

H) Jessica, came back to discuss the coordinator position moving forward what do members would like to do?

- Need more social media



- Jessica was clear that if we decide to go part-time for the coordinator position Inspire will no longer be the banker.
- Patti mentioned that we don't have to decide at this moment as we have a contract till March 31, 2025.

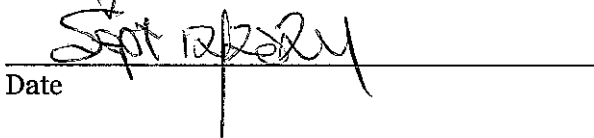
**10. Adjournment & Next Meeting:**

The next meeting is November 14<sup>th</sup>, 2024

*Adjourned 11:59 pm/NB*



Patti Carson, Chairperson



Date

Nathalie to send out an email to folks to see if anyone who was not at Thursday's meeting might be willing to step into an Executive role including the Terms of Reference.