



CANAA
Breakfast Meeting
 Thursday, November 16, 2023
 8:30 am to 10:30 am
 Best Western (Red Room)

Minutes

Members Present:

Tri-County Literacy Council
 Tri-County Literacy Council
 Tri-County Literacy Council
 Tri-County Literacy Council
 Spark Synergy
 City of Cornwall
 Recovery Care
 Sexual Assault Support Services
 Sexual Assault Support Services
 City of Cornwall
 Seaway Valley Community Health Centre
 Seaway Valley Community Health Centre
 Maison Interlude House
 Community Addiction and Mental Health Services – CCH
 Connections
 Maison Baldwin House
 Regional Integrated Care
 Cornwall Police Service
 Naomi’s Family Resource Centre
 Victim Services SDG&A
 Glengarry Inter-Agency Group
 Glengarry Inter-Agency Group
 L’équipe psycho-sociale

Angela Vinet
 Carolyn Eva
 Carol Ann Maloney
 Britt Doyon
 Jessica Bourdeau
 Meagan Black
 Lacey Bingley
 Sara Murphy
 Lara MacPherson
 Laura Power
 Modesto Romero
 Kelly Lynch
 Maggie May Larocque
 Jordan Poirier
 Kimberly Hayward
 Chelsea Saucier
 Maureen Amistoso
 Stephanie Casselman
 Justine White
 Melissa Ruffo
 Ron Graham
 Joe Chatelaine
 Karina Poirier

Guest Speakers:

Safe Bed Jordan Poirier

CANAA Coordinator/Recording Secretary:

Stephanie Nalepa

Chair:

City of Cornwall Ashley Walker

Co-Chair:

Regional Integrated Care Josee Cotnam

Treasurer:

Clinique juridique Roy McMurtry Legal Clinic Patti Carson

1. **Call to Order / Welcome at 9:00 am**– Stephanie Nalepa welcomed everyone to the meeting.
2. **Land Acknowledgement** – Stephanie Nalepa read the Land Acknowledgment.
3. **Introductions** – All present were asked to introduce themselves.
4. **Ice Breaker Activity** – Jessica Bourdeau hosted the ice breaker game.
5. **Adoption of Agenda**
 Moved by: Kimberly Hayward
 Seconded by: Angela Vinet
 It was resolved that the agenda be accepted as presented.
 CARRIED.
6. **Approval of Minutes**
 Moved by: Justine White
 Seconded by: Sara Murphy
 It was resolved that the Minutes of September 14, 2023, be accepted as presented.
 CARRIED.
7. **Budget (April 1, 2023 – March 31, 2024) – As of November 15, 2023**
 The following was reported by Stephanie:

Source	Grant/Income	Revenues Y-T-D	Expenses Y-T-D	Balances
MCCSS (Annualized funding)	\$24,813.38	\$10,338.90	\$7,993.74	\$16,819.64
CANAA Bank Account	\$12,543.79 (Opening Balance)	\$282.00	\$586.92	\$12,226.96

Moved by: Jessica Bourdeau
 Seconded by: Angela Vinet
 It was resolved that the Budget be accepted as presented.
 CARRIED.

8. Project Reports

a) Strategic Planning Committee Updates

- i. Priority #1: Boost Membership Growth and Network Connection (Ashley Walker, Elyse Lauzon-Alguire, Jessica Bourdeau, Patti Carson, Angela Vinet)

This priority’s objectives include:

- Expanding membership base to include survivors, supporters, and sector professionals from all across SDG&A.
- Optimizing network meetings to include dynamic discussion, brainstorming and information sharing.
- Creating structured opportunities for member connection and collaboration.

- ii. Priority #2: Optimize Training and Service Delivery (Angele Lalonde, Ashley Walker, Bonnie Bishop, Elyse Lauzon-Alguire, Josee Cotnam, Pierre-Luc Byham)

This priority's objectives are:

- Offering diverse workshops to members and the broader community.
- Identifying and collectively addressing duplication of services, as well as service gaps.

- iii. Priority #3: Enhance Community Awareness (Ashley Walker, Donna MacGillivray, Elizabeth Gagnon, Josee Cotnam, Juliette Labossiere, Patti Carson, Sara Murphy)

This priority's objective is:

- Increasing awareness regarding threats of abuse, prevention, and services available.

Stephanie discussed that the Priority #3 Committee will be meeting on Wednesday, November 22, 2023, to review the draft letter to the Mayor and City Council and to discuss next steps.

9. New Business

a) Upcoming Meeting Dates:

Breakfast Meetings: January 18, 2024
 March 21, 2024

Workshops: TBD

10. Guest Speaker

Jordan Poirier – Safe Bed

The Safe Bed program is a partnership with the Cornwall Police Services, OPP and Akwesasne Mohawk Police Services.

Questions that were asked, include the following:

- Who can be referred? Both males and females can be referred.
- How many beds does the program have? Six beds.
- How is the occupancy? Occupancy varies. As of yesterday, we had four occupants.
- Do you have a waitlist? Generally, not. A waitlist has been created only twice within the past two years and only lasted for about a week.
- Do you accept those who have been recently incarcerated? Although they are not a release address for jails, should someone meet the criteria they may be able to stay. They do not serve those under house arrest.

11. Special Discussion

a. Current and Emerging Trends

i. What are our clients top 3 most critical concerns?

The following critical concerns were discussed:

- Housing
- Finances
- Legal Aid certificates
- Food insecurity
- Court Support
- Mental Health

- ii. Are there resources available to assist with these concerns?
 - The City of Cornwall housing project:
 - o 20 private rooms with bathroom, prioritized for residents currently living in encampments and those already on the By-Name List.
 - o Wrap-around supports including addiction services, mental health supports, personal needs, and permanent housing solutions.
 - o 7-month lease with possibility of extension
 - o Located at the old Parisien Manor at the corner of Second St E and Marlborough St.
- iii. Are additional resources required to address these needs?
None discussed.

b. Opportunities for Collaboration

i. Are there opportunities for CANAA agencies to work together to address these needs?

- Recovery Care
 - o Mobile Health Clinic
 - **Library:** every Thursday from 12:30 pm to 3:30 pm
 - **Parisien Manor:** Thursday mornings
 - **Centre 105:** Friday mornings
 - **Various Manors:** Days and times vary.
- Cancer Screening through SVCHC
 - o 9:00am to 3:00pm
 - o More information can be found on their website and Facebook page
- Maison Interlude
 - o December 6th Dinner Benefit
 - o Begins at 5:30 pm
 - o Tickets are \$150.00 per person
 - o Location: Bonnie Glen Pavilion (19596 County Rd 43, Alexandria, ON)
 - o Dinner, Carol Concert, Silent Auction, Raffles

12. Information Sharing

a. Changes to Programs and Services

- i. Have there been any significant changes to community programs and services since our last meeting?
 - Jessica brought up the website TechSoup as a great resource for non-profit organizations. Tech Soup connects organizations to donated and discounted technologies through their donations program and they provide learning resources and tips.

a) Upcoming Events

- i. Looking forward 3-6 months, are there any events coming up that could benefit from shared resources or assistance in spreading the word?
None

c. Future Agenda Items

None.

Vouchers/Merchandise available:

- Haircuts (\$20 each): 1 left
- Thrift Store (\$10 each): 3 left (Serendipity Boutique)

d. Adjournment & Next Meeting:

Breakfast Meeting

When: January 18, 2024

Time: 8:30am-10:30am

Location: Best Western (Red Room)

Adjourned 9:52 am/sn