

Minutes

Members Present:

City of Cornwall
Tri-County Literacy Council
Spark Synergy
Clinique juridique Roy McMurtry Legal Clinic
City of Cornwall
City of Cornwall
City of Cornwall
Recovery Care
City of Cornwall
Ontario SPCA
Maison Interlude House
Maison Interlude House
Glengarry Inter Agency Group
Community Addiction and Mental Health Services – CCH
Connections
Maison Baldwin House
Maison Baldwin House
Regional Integrated Care
Glengarry Inter-Agency Group
Sexual Assault Support Services
Eastern Ontario Training Board
Naomi's Family Resource Centre
Children's Aid Society

Ashley Walker
Angela Vinet
Jessica Bourdeau
Patti Carson
Meagan Black
Laura Power
Jennifer Bowen
Lacey Bingley
Jennifer Bowen
Bonnie Bishop
Maxine Leblanc-Byham
Maggie May Larocque
Laurie Legue
Jordan Poirier
Kimberly Hayward (Andy)
Angele Lalonde
Gabrielle Campeau
Maureen Amistoso
Laurie Legue (Melanie)
Sara Murphy (Megan and Danielle)
Kimberly Hamilton
Justine White
Sherry Seguin

Guest Speakers:

Infant & Toddler Mental Health (ITMH) Interagency Table

Megan Mader & Cheryl

CANAA Coordinator/Recording Secretary:

Stephanie Nalepa

Chair:

City of Cornwall

Ashley Walker

Co-Chair:

Regional Integrated Care

Josee Cotnam

Treasurer:

Clinique juridique Roy McMurtry Legal Clinic

Patti Carson

1. **Call to Order / Welcome at 8:58am**– Ashley Walker welcomed everyone to the meeting.
2. **Land Acknowledgement** – Ashley read the Land Acknowledgment.
3. **Introductions** – All present were asked to introduce themselves.
4. **Ice Breaker Activity** – Ashley hosted the ice breaker game.
5. **Adoption of Agenda**
 Moved by: Maxine Leblanc-Byham
 Seconded by: Jessica Bourdeau
 It was resolved that the agenda be accepted as presented.
 CARRIED.
6. **Approval of Minutes**
 Moved by: Angela Vinet
 Seconded by: Maxine Leblanc-Byham
 It was resolved that the Minutes of May 4, 2023 be accepted as presented.
 CARRIED.
7. **Budget (April 1, 2023 – March 31, 2024) – As of September 6, 2023**
 The following was reported by Stephanie:

Source	Grant/Income	Revenues Y-T-D	Expenses Y-T-D	Balances
MCCSS (annualized funding)	\$24,813.38	\$10,338.90	\$7,993.74	\$16,819.64
CANAA Bank Account	\$12,543.79 (Opening Balance)	\$282.00	\$586.92	\$12,226.96

Moved by: Justine White
 Seconded by: Kimberly Hamilton
 It was resolved that the Budget be accepted as presented.
 CARRIED.

8. Project Reports

a) Strategic Planning Committee Updates

- i. Priority #1: Boost Membership Growth and Network Connection (Ashley Walker, Elyse Lauzon-Alguire, Jessica Bourdeau, Patti Carson, Angela Vinet)
 This priority’s objectives include:
 - Expanding membership base to include survivors, supporters, and sector professionals from all across SDG&A.
 - Optimizing network meetings to include dynamic discussion, brainstorming and information sharing.
 - Creating structured opportunities for member connection and collaboration.
- ii. Priority #2: Optimize Training and Service Delivery (Angele Lalonde, Ashley Walker, Bonnie Bishop, Elyse Lauzon-Alguire, Josee Cotnam, Pierre-Luc Byham)
 This priority’s objectives are:

- Offering diverse workshops to members and the broader community.
 - Identifying and collectively addressing duplication of services, as well as service gaps.
- iii. Priority #3: Enhance Community Awareness (Ashley Walker, Donna MacGillivray, Elizabeth Gagnon, Josee Cotnam, Juliette Labossiere, Patti Carson, Sara Murphy)
- This priority's objective is:
- Increasing awareness regarding threats of abuse, prevention, and services available.

9. New Business

a) Upcoming Meeting Dates:

Breakfast Meetings: November 16, 2023
 January 18, 2024
 March 21, 2024

Workshops: TBD

b) Workshop Suggestions:

- Mohawk Cultural Tours
 - A Tour of Mohawk Life, Basket Weaving Tour, Lacrosse Stick Making, etc.
- Leah Parsons
 - Rehtaeh Parsons' Mother
 - Offers education on sexualized violence, cyber harassment, and mental health.

• Any other suggestions?

It was suggested that we could organize a VAW workshop and include various local agencies to discuss their programs and services. The workshop could also include a panel of speakers from these various agencies and allow attendees to ask questions and/or provide scenarios for discussion.

c) IPV Declaration

- 40 communities in Ontario have declared GBV-IPV an epidemic. We would like to join this list.
- This endeavour would fall under Priority #3 - Enhance Community Awareness. If anyone else would like to join, please reach out to Stephanie.
- A meeting will be scheduled soon.

10. Guest Speaker

Megan Mader – Infant & Toddler Mental Health (ITMH) Interagency Table

- The table meets once a month and includes 8 agencies that help with complex cases (infants ages 0-3) by working together to create care plans for these families.
- Documents (including reference guide, referral form, etc) were presented. Stephanie will be emailing them to the network.
- Questions asked include:
 - Who can refer? Any agency can refer; however, the family must already be involved with 2 or more agencies.
 - How many clients have been referred? 3-4 prior to the pandemic and 2 since.
 - How long does it take once someone has been referred? Each case is reviewed within the month. If risk is higher, the table will meet sooner.
 - How can someone self-refer? Self-referrals can be made through One-Click.ca
- If your agency may be interested in joining, please email Megan at Megan.Mader@cornwallhospital.ca

11. Special Discussion

a. Current and Emerging Trends

i. What are our clients top 3 most critical concerns?

The following critical concerns were discussed:

- Housing
- Finances
- Legal Aid certificates
- Daycare
- Return to school (mental health, etc)
- Clients with multiple jobs
- Subsidies (waiting periods)
- Job vacancies (Agency retention)

ii. Are there resources available to assist with these concerns?

- Maison Interlude House is still working towards setting up a second stage house (only available to victims of violence)
- City subsidies are available, but it was mentioned that depending on which one, some are out of their hands and can take longer waiting periods to receive.
- St Denis Centre has a second stage house (available for 6 months).
- Eastern Ontario Training Board is in talks of offering a program discussing low-income housing and learning how to build homes (in partnership with Habitat for Humanity)
- Juliette Labossiere provided an update via email about the Housing and Homelessness Working Group. There are some very interesting discussions happening with the city regarding their purchase of the old Vincent Massey school located on Cumberland. It will not be a 'shelter', but it will be amazing. More information will follow soon as they work with the city to finalize the plans. (<https://www.standard-freeholder.com/news/local-news/cornwall-buys-former-kinsmen-vincent-massey-school-site-for-housing-services>) In regards to this winter, the UWC SDG, the city of Cornwall and some other vital players working around the homeless in this community are exploring different options of ensuring the safety and well-being of the individuals currently living in various encampments around town. They will make an announcement as soon as they know more details.

iii. Are additional resources required to address these needs?

None discussed.

b. Opportunities for Collaboration

i. Are there opportunities for CANAA agencies to work together to address these needs?

- A discussion took place about how to attract and retain employees. Suggestions included shorter work weeks, flexible scheduling, mentorships and placement programs.

12. Information Sharing

a. Changes to Programs and Services

i. Have there been any significant changes to community programs and services since our last meeting?

- Tri-County Literacy offers basic literacy skills to help with employment and other courses. Please contact Angela for more information at executivedirector@tricityliteracycouncil.ca

a) Upcoming Events

i. Looking forward 3-6 months, are there any events coming up that could benefit from shared resources or assistance in spreading the word?

- Maison Interlude House is hosting a fundraising dinner on December 6. Details to come.
- SASS is also planning something for December 6 and was asked to include CANAA for help with the event.
- International Day of the Girl is on October 11. An event is being hosted by various agencies. Details will be shared to the network.
- It was asked whether our area still has an active White Ribbon Campaign. There are currently no active chapters.
- Social Development Council is offering a series of monthly online workshops that allow local agencies to speak about their programs and services.
- SDC is also offering a self-care workshop. More details to be sent out to the network.
- Tri-County Literacy has Workplace Wellness programs available to agencies.

c. Future Agenda Items

None.

Vouchers/Merchandise available:

- Haircuts (\$20 each): 2 left
- Thrift Store (\$10 each): 10 left (Serendipity Boutique and Boutique PastELLE)
- Giant Tiger (\$10 each): 2 left

Suggestions for future swag items were discussed and included, laptop camera covers, door locks to prevent break-ins, and whistles to prevent break-ins.

d. Adjournment & Next Meeting:

Breakfast Meeting

When: November 16, 2023
Time: 8:30am-10:30am
Location: Best Western (Red Room)

Adjourned 10:20 am/sn