



CANAA
Breakfast Meeting
Thursday, September 8, 2022
9:30 am to 11:30 am
Virtual Meeting via Zoom

Minutes

Members Present:

Cornwall SDG Human Services Department – City of Cornwall
Roy McMurtry Legal Clinic
Situation Table
Regional Integrated Care
Assault and Sexual Abuse Program
Individual
Maison Baldwin House
Seaway Valley Community Health Centre
ACCFutures
ACCFutures
Children’s Aid Society
Laurencrest
United Way
Maison Interlude
Social Development Council
Akwesasne Community Justice Program
Big Brothers Big Sisters
Maison Baldwin House
Maison Baldwin House
Naomi’s Family Resource Centre
Naomi’s Family Resource Centre

Jennifer Bowen
Patti Carson
Elyse Lauzon-Alguire
Josee Cotnam
Crystal Bigelow
Sarah Good
Danielle MacNeil
Linda Rodgers
Angela Vinet
Lexie Jasiewicz
Jenna David
Kelly O’Farrell
Juliette Labossiere
Maxine Leblanc-Byham
Carilyne Hebert
Troy Francis
Pierre-Luc Byham
Danielle MacNeil
Angele Lalonde
Renee Moores
Julia (student)

CANAA Coordinator/Recording Secretary:

Stephanie Nalepa

Chair:

Centre York Centre

Ashley Walker

Co-Chair:

Regional Integrated Care

Josee Cotnam

Treasurer:

Roy McMurtry Legal Clinic

Patti Carson

- 1. Call to Order / Welcome at 9:42am** – Josee Cotnam welcomed everyone to the meeting.
- 2. Land Acknowledgement** – Josee read the Land Acknowledgment.
- 3. Introductions** – All present were asked to introduce themselves.

4. Ice Breaker Activity – Patti hosted the ice breaker game, “Same Here!”.

5. Adoption of Agenda

Moved by: Angela Vinet

Seconded by: Maxine Leblanc-Byham

It was resolved that the agenda be accepted as presented.

CARRIED.

6. Approval of Minutes

Moved by: Elyse Lauzon-Alguire

Seconded by: Patti Carson

It was resolved that the Minutes of May 11, 2022 be accepted as presented.

CARRIED.

7. Budget (April 1, 2021 – September 8, 2022)

The following was reported by Patti:

Source	Grant/Income	Revenues Y-T-D	Expenses Y-T-D	Balances
MCCSS (annualized funding)	\$24,813.38	\$10,338.91	\$11,785.40	\$13,027.98
CANAA Bank Account	\$12,543.79 (Opening Balance)	\$0.00	\$247.75	\$12,296.04

Moved by: Angela Vinet

Seconded by: Maxine Leblanc-Byham

It was resolved that the Budget be accepted as presented.

CARRIED.

8. Project Reports

a) Strategic Planning Committee Updates

i. Priority #1: Boost Membership Growth and Network Connection

This priority’s objectives include:

- Expanding membership base to include survivors, supporters, and sector professionals from all across SDG&A.
- Optimizing network meetings to include dynamic discussion, brainstorming and information sharing.
- Creating structured opportunities for member connection and collaboration.

ii. Priority #2: Optimize Training and Service Delivery

This priority’s objectives are:

- Offering diverse workshops to members and the broader community.
- Identifying and collectively addressing duplication of services, as well as service gaps.

iii. Priority #3: Enhance Community Awareness

This priority's objective is:

- Increasing awareness regarding threats of abuse, prevention, and services available.

It was discussed that if any new members would like to join one of the committees to please email Stephanie for a copy of the Strategic Plan.

9. New Business

a) Gifts for Retiring Executive Members

Josee discussed that we would like to make an addition to our Terms of Service to include a point recognizing retiring members. This addition will include the following:

7.3 Recognition of Retiring Executive Members

When an Executive Member retires or terminates their service on the Executive Committee, an appropriate resolution expressing sincere appreciation shall be placed in the Minutes of the Annual General Meeting.

In addition to the resolution, the member will be recognized with a suitable gift certificate based on the following procedures:

<i>1 Year Term or less</i>	<i>Letter of recognition</i>
<i>1+ Year up-to 2 years</i>	<i>\$20.00 gift certificate</i>
<i>3+ Years up-to 4 years</i>	<i>\$50.00 gift certificate</i>
<i>5+ Years up-to 7 years</i>	<i>\$75.00 gift certificate</i>
<i>7+ Years</i>	<i>\$100.00 gift certificate (maximum)</i>

Stephanie will be sending out an email to request e-votes from the membership.

b) Scenarios Needed for Vibrant Communities' "How Local Emergency Services Can Support Your Clients" Workshop

Josee discussed that CANAA and Vibrant Communities will be hosting a joint workshop in November. Stephanie will be sending out an email to the membership to ask for possible scenarios that can be discussed by our panel of speakers.

It was suggested to reach out to the Mental Health Crisis Team and the OPP Mental Health Nurse to possibly be speakers on the panel.

c) Upcoming Meeting Dates:

Human Trafficking Workshop:

October 20, 2022
10:00am-11:30am
Kelly Beale
Virtual – via Zoom

How Local Emergency Services Can Support Your Clients Workshop:

November 24, 2022

9:30am-11:00am

Partnership with Vibrant Communities

Location: Cornwall Public Library

Breakfast Meetings: November 10, 2022

January 12, 2023

March 9, 2023

d) Guest Speaker

Stephanie Lapointe - United Way/Centraide Stormont, Dundas & Glengarry

Stephanie L. spoke about everything social media. She discussed the different networks – their audiences, platforms strengths and weaknesses. Also, how to build a cohesive content strategy across all networks.

Stephanie N. will be sending out the presentation slides along with Stephanie L's email to the membership.

Stephanie L. then opened the floor for questions:

- When you post something, is there a time that is best?
 - o Facebook will tell you when is best to post.
 - o Feeds are not chronological, so unfortunately it depends when people go online.
 - o It was encouraged to not post too much on Facebook in a day, unlike Twitter which does better the more you post.
- Is it strategic to post on different Facebook pages(groups)?
 - o Yes, as long as you alter it to your audiences (ie. don't post the same exact thing on every page).
- Is tagging those you're with and where you are beneficial?
 - o Yes, as long as those people are willing to also share your posts.
 - o Too many tags may lead to Facebook thinking your post is spam. So, try tagging below in the comments to avoid that from happening.
- Is there one social media platform that may rise above the rest in the next 5 years?
 - o Tik Tok is really gaining momentum and could surpass other platforms in the upcoming years. It was also noted that What's App is up and coming.
- Stephanie encouraged agencies to have their own social media framework for students or anyone who is doing their social media.
- What platforms and resources are geared towards non-profit and social justice agencies?
 - o Charity Village
 - o Classy
 - o LinkedIn training courses
 - o Sprout Social

e) Special Discussion

a. Current and Emerging Trends

i. What are our clients top 3 most critical concerns?

The following critical concerns were discussed:

- Housing
- Finances
- Food insecurity
- Personal documentation (IDs, etc.)
- Cooling stations
- Family dynamics
- Human trafficking
- Isolation
- Mental health
- Language development milestones not being met due to the wearing of masks

ii. Are there resources available to assist with these concerns?

- Centre 105 offers free breakfast three days a week.
- Maison Interlude added two extra rooms for women who are victims of violence with Ministry funding from the Attorney General.
- Naomi's added crisis beds for women involved in human trafficking with Ministry funding from the Attorney General.
- The legal clinic and Social Development Council are trying to develop a tenant association.
- United Way has their "Last Resort Fund" that was distributed to the Agape Centre and House of Lazarus. They are working towards offering community members small micro loans.
- ACCFutures offers \$5,000-\$20,000 loans to help develop small businesses
- City of Cornwall is still offering their COHB program. The program is guaranteed until 2028. Applicants can receive a monthly cheque based on their income, family size, etc. The forms can be found on the City of Cornwall website.

iii. Are additional resources required to address these needs?

Refer to discussion above.

b. Opportunities for Collaboration

i. Are there opportunities for CANAA agencies to work together to address these needs?

None to report

f) Information Sharing

a. Changes to Programs and Services

i. Have there been any significant changes to community programs and services since our last meeting?

- Maison Interlude: They will be offering support groups again in Prescott and Russell. They will also be offering new programs and presentations to retirement homes and high schools. Webinars will begin in the Fall.

- Big Brothers Big Sisters: They are currently accepting applications for Littles (ages 6-16; from single adult homes)
- Seaway Valley Community Health Centre: They have volunteer opportunities available. Also, please refer to their Facebook page for events and programs offered.
- Inspire - Community Support Services: Their Walk-In Counselling Clinic has resumed back to in-person.
- Habitat for Humanity: A South Glengarry property has been purchased. Building will begin in 2023 and they are now accepting applications.
- ACCFutures: They offer various business workshops for entrepreneurs.
- Situation Table: They are offering a community engagement session hosted by Dr. Nilson. Elyse will share the event again with the network.
- Regional Integrated Care: Waitlists are low. Service providers are encouraged to fill out referral forms for their clients who are having trouble connecting to other services for help. Individuals can be any age but must have 4 or more chronic conditions.
- Legal Clinic: They will be offering workshops soon for social workers about topics such as housing, ODSP, etc.

a) Upcoming Events

- i. Looking forward 3-6 months, are there any events coming up that could benefit from shared resources or assistance in spreading the word?
Please see list above.

c. **Future Agenda Items**

None.

Vouchers/Merchandise available:

- Grocery cards (\$25 each): none
- Gas cards (\$25 each): none
- Bus tickets (10-ride sheets): 1.5 remaining
- Taxi vouchers (\$5 each): none
- Thrift Store cards (\$20 each): none

d. **Adjournment & Next Meeting:**

Human Trafficking Workshop – Kelly Beale

When: October 20, 2022

Time: 10:00am-11:30am

Location: Virtually via Zoom

Adjourned 11:25am/sn