



CANAA
Breakfast Meeting
Thursday, May 12, 2022
9:00 am to 10:00 am
Virtual Meeting via Zoom

Minutes

Members Present:

York Centre
Children's Aid Society
Cornwall SDG Human Services Department – City of Cornwall
Roy McMurtry Legal Clinic
Situation Table
Regional Integrated Care
Spark Synergy
Victim/Witness Assistance Program
Assault and Sexual Abuse Program
Beyond 21
Individual
Recovery Care
Contact North
Maison Baldwin House
Centre de santé communautaire de l'Estrie

Ashley Walker
Jacqui Gillbanks
Jennifer Bowen
Patti Carson
Elyse Lauzon-Alguire
Josee Cotnam
Jessica Bourdeau
Kristiane Bissonnette
Crystal Bigelow
Donna MacGillivray
Sarah Good
Lacey Bingley
Barbara Matthews
Danielle MacNeil
Ivan Labelle

CANAA Coordinator/Recording Secretary:

Stephanie Nalepa

Co-Chairs:

Youth Now
York Centre

Alanna Wall
Ashley Walker

Treasurer:

Situation Table

Elyse Lauzon-Alguire

Regrets:

Youth Now
Laurencrest
United Way of SD&G
Cornwall Police Service

Alanna Wall
Dan O'Rourke
Juliette Labossiere
Stephanie Casselman

- 1. Call to Order / Welcome at 9:05a.m.** – Elyse welcomed everyone to the meeting.
- 2. Land Acknowledgement**
- 3. Introductions** – All present were asked to introduce themselves.

4. Ice Breaker Activity

Stephanie hosted a game of “What would you rather?”. Everyone participated by answering a few fun questions. Jessica Bourdeau agreed to host the ice breaker activity at the next meeting.

5. Adoption of Agenda

Moved by: Josee Cotnam

Seconded by: Elyse Lauzon-Alguire

It was resolved that the agenda be accepted as presented.

CARRIED.

6. Approval of Minutes

Moved by: Jessica Bourdeau

Seconded by: Ivan Labelle

It was resolved that the Minutes of March 10, 2022 be accepted as presented.

CARRIED.

7. Budget (April 1, 2021 – May 12, 2022)

The following was reported by Elyse:

Source	Grant/Income	Revenues Y-T-D	Expenses Y-T-D	Balances
MCCSS (annualized funding)	\$24,813.38	\$2,067.78	\$4,599.14	\$20,214.24
CANAA Bank Account	\$12,543.79 (Opening Balance)	\$0.00	\$8.25	\$12,535.54

Moved by: Sarah Good

Seconded by: Kim Trottier

It was resolved that the Budget be accepted as presented.

CARRIED.

8. Project Reports

a) Strategic Planning Committee Updates

i. Priority #1: Boost Membership Growth and Network Connection

This priority’s objectives include:

- Expanding membership base to include survivors, supporters, and sector professionals from all across SDG&A.
- Optimizing network meetings to include dynamic discussion, brainstorming and information sharing.
- Creating structured opportunities for member connection and collaboration.

Ashley discussed that the membership needs more engagement, to create more awareness about workshops and the resources we offer. It was also mentioned that we hope to be able to get back to in-person in the Fall.

- ii. Priority #2: Optimize Training and Service Delivery
This priority's objectives are:
 - Offering diverse workshops to members and the broader community.
 - Identifying and collectively addressing duplication of services, as well as service gaps.
- iii. Priority #3: Enhance Community Awareness
This priority's objective is:
 - Increasing awareness regarding threats of abuse, prevention, and services available.

It was discussed that members would like a list of the full membership's contact information. Stephanie will be sending out an email to the membership to confirm who is comfortable with their information being shared.

It was also discussed that new agencies should be approached and invited to the network. The following were mentioned: school boards, police services, developmental services agencies, immigrant services, CMHA, Cornwall Youth Hub, and Bereaved Families of Cornwall.

9. New Business

Upcoming Meeting Dates:

AGM: June 23, 2022
AGM from 9:30am-9:55am; followed by the Workshop from 10:00am-12:00pm
Virtual – via Zoom
Julie Lalonde – Bystander Training

Human Trafficking Workshop:

October 20, 2022
10:00am-11:30am
Kelly Beale
Virtual – via Zoom

Breakfast Meetings: September 8, 2022
November 10, 2022
January 12, 2023
March 9, 2023

10. Guest Speaker

Kim Trottier – Victim Services of S.D.G. & A.

Kim presented to the group about the services and programs that Victim Services of S.D.G.&A. offers. The slides and referral form were forwarded to the membership.

The following question was asked; If someone were to come home to a “Dear John/Jane” letter, could they call? Yes, they could. Victim Services helps those dealing with a sudden death and

tragic circumstances. They offer emotional support, grief support, referrals to Bereaved Families, provide “What Do I Do Now” packages. Unfortunately, VQRP does not cover sudden deaths.

It was discussed that Bereaved Families is now back open. The Board has been working tirelessly to open again. They are currently searching for and training volunteers.

11. Special Discussion

a) Current and Emerging Trends

i. What are our clients top 3 most critical concerns?

The following critical concerns were discussed:

- Lack of housing
- Food insecurity
- Wait time for mental health supports
- Homelessness

ii. Are there resources available to assist with these concerns?

- Walk-In Counselling Clinic at Inspire Community Support Services. It’s first-come, first served but appointments are encouraged, and electronic forms can be filled out before arriving. Offered as a one-time basis, where clients are then referred to different agencies for care.
- Cornwall Youth Hub offers counselling and support services to youth ages 12-25 years old.

iii. Are additional resources required to address these needs?

Members were encouraged to think of other ways to address these needs and bring their ideas to the next meeting for discussion.

b) Opportunities for Collaboration

i. Are there opportunities for CANAA agencies to work together to address these needs?

- Food Drive
- Collaboration between agencies
- Sponsorships

12. Information Sharing

a) Changes to Programs and Services

i. Have there been any significant changes to community programs and services since our last meeting?

- Centre York Centre
 - o CYC’s Music Trivia night is tomorrow, and tickets are all sold.
 - o They have dropped most COVID protocols and are open as usual. They serve 60 families in Cornwall and 10-13 families in Hawksbury)
 - o More crisis support has been needed.
 - o They are still accepting referrals.
- Sarah Good
 - o Running for City Council. She would love to hear from members what they believe the city’s shortcomings are.

- She is on Habitat for Humanity's Board. They are waiting to have more staffing before joining the network. They haven't opened new applications yet for their 2023 build in South Glengarry but should be soon.

b) Upcoming Events

- i. Looking forward 3-6 months, are there any events coming up that could benefit from shared resources or assistance in spreading the word?
None to report.

13. Future Agenda Items

Nothing was indicated in terms of future agenda items at this meeting. A member mentioned that we could reach out to the Cornwall Youth Hub to present at one of our Breakfast Meetings.

Vouchers/Merchandise available:

- Grocery cards (\$25 each): 23 remaining
- Gas cards (\$25 each): 20 remaining
- Bus tickets (10-ride sheets): 13 remaining
- Taxi vouchers (\$5 each): 14 remaining
- Thrift Store cards (\$20 each): 7 Serendipity Boutique remaining; 7 New For You (Agape) remaining

14. Adjournment & Next Meeting:

When: AGM – June 23, 2022

Time: 9:30am – 9:55am;

followed by Bystander Workshop from 10:00am-12:00pm

Location: Virtually via Zoom

Adjourned 10:44AM/sn