



## Minutes

**Members Present:**

City of Cornwall  
 Regional Integrated Care  
 Clinique juridique Roy McMurtry Legal Clinic  
 Maison Baldwin House  
 Maison Baldwin House  
 Cornwall Police Service  
 Naomi's Family Resource Centre  
 City of Cornwall  
 City of Cornwall  
 Recovery Care  
 City of Cornwall  
 Ontario SPCA  
 Maison Interlude House  
 Individual  
 Glengarry Inter Agency Group  
 Glengarry Inter Agency Group  
 Community Addiction and Mental Health Services – CCH  
 Akwesasne Community Justice Program  
 Akwesasne Community Justice Program  
 Spark Synergy  
 Centre de santé communautaire de l'Estrie  
 Centre de santé communautaire de l'Estrie  
 Assault and Sexual Abuse Program

Ashley Walker  
 Josee Cotnam  
 Patti Carson  
 Angele Lalonde  
 Chelsey Saucier  
 Stephanie Casselman  
 Renee Moores  
 Meagan Black  
 Laura Power  
 Lacey Bingley  
 Jennifer Bowen  
 Bonnie Bishop  
 Maxine Leblanc-Byham  
 Angela Vinet  
 Laurie Legue  
 Melanie Lebrun  
 Jordan Poirier  
 Carol Jacobs  
 Leah Lamasse  
 Jessica Bourdeau  
 Tania Sveistrup  
 Ivan Labelle  
 Crystal Bigelow

**Guest Speakers:**

Seaway Valley Community Health Centre

Linda Rodgers

**CANAA Coordinator/Recording Secretary:**

Stephanie Nalepa

**Chair:**

City of Cornwall

Ashley Walker

**Co-Chair:**

Regional Integrated Care

Josee Cotnam

**Treasurer:**

Clinique juridique Roy McMurtry Legal Clinic

Patti Carson

1. **Call to Order / Welcome at 9:00am** – Ashley Walker welcomed everyone to the meeting.
2. **Land Acknowledgement** – Ashley read the Land Acknowledgment.
3. **Introductions** – All present were asked to introduce themselves.
4. **Ice Breaker Activity** – Patti hosted the ice breaker game.
5. **Adoption of Agenda**  
 Moved by: Renee Moores  
 Seconded by: Maxine Leblanc-Byham  
 It was resolved that the agenda be accepted as presented.  
 CARRIED.
6. **Approval of Minutes**  
 Moved by: Chelsey Saucier  
 Seconded by: Maxine Leblanc-Byham  
 It was resolved that the Minutes of March 8, 2023 be accepted as presented.  
 CARRIED.
7. **Budget (April 1, 2023 – March 31, 2024) – As of April 28, 2023**  
 The following was reported by Stephanie:

Source	Grant/Income	Revenues Y-T-D	Expenses Y-T-D	Balances
MCCSS (annualized funding)	\$24,813.38	\$2,067.78	\$610.40	\$24,202.98
CANAA Bank Account	\$12,543.79 (Opening Balance)	\$40.00	\$8.75	\$12,571.88

Moved by: Jessica Bourdeau  
 Seconded by: Angela Vinet  
 It was resolved that the Budget be accepted as presented.  
 CARRIED.

**8. Project Reports**

a) Strategic Planning Committee Updates

Stephanie had sent out an email to the membership about any interest from members to join a committee or change to another one. Josee discussed the three committees and reviewed who the members of each one are.

- i. Priority #1: Boost Membership Growth and Network Connection (Ashley Walker, Elyse Lauzon-Alguire, Ivan Labelle, Jessica Bourdeau, Patti Carson, Angela Vinet)  
 This priority’s objectives include:
  - Expanding membership base to include survivors, supporters, and sector professionals from all across SDG&A.
  - Optimizing network meetings to include dynamic discussion, brainstorming and information sharing.
  - Creating structured opportunities for member connection and collaboration.

- ii. Priority #2: Optimize Training and Service Delivery (Angele Lalonde, Ashley Walker, Bonnie Bishop, Elyse Lauzon-Alguire, Josee Cotnam, Pierre-Luc Byham)  
This priority's objectives are:
  - Offering diverse workshops to members and the broader community.
  - Identifying and collectively addressing duplication of services, as well as service gaps.
- iii. Priority #3: Enhance Community Awareness (Donna MacGillivray, Elizabeth Gagnon, Josee Cotnam, Juliette Labossiere, Patti Carson, Sara Murphy)  
This priority's objective is:
  - Increasing awareness regarding threats of abuse, prevention, and services available.

Jessica Bourdeau suggested the possibility of getting together during the summer months, as more of a social gathering. The event could be open to the public, which would support our Priorities 1 and 3. It was also suggested that membership fees could be increased to accommodate free public events. Stephanie was asked to send out the Strategic Plan to members.

## 9. New Business

- a) Upcoming Meeting Dates:
  - Breakfast Meetings: September 14, 2023
  - November 16, 2023
  - January 18, 2024
  - March 21, 2024

AGM/Reintegration Workshop: June 22, 2023

## 10. Guest Speaker

Linda Rodgers – Seaway Valley Community Health Centre

Josee Cotnam introduced our guest speaker. Linda shared a presentation discussing SVCHC's programs and services. The presentation slides will be shared with the membership.

## 11. Special Discussion

- a. Current and Emerging Trends
  - i. What are our clients top 3 most critical concerns?  
The following critical concerns were discussed:
    - Safe and affordable housing
    - Access to financial support
    - Food insecurity
    - PSW care
    - Transportation
    - Health care
    - Help with filling out applications
    - Legal aid (English and French)
  - ii. Are there resources available to assist with these concerns?
    - Bridges Team, through SVCHC, provides social prescribing and connects individuals to appropriate resources based upon their self-identified interests and needs to support their journeys towards health and well-being.
    - It was mentioned that a church has been approved to become a warming centre next winter (more details to come).

- Safe Bed Program: A model of care for persons 16 years and older in a mental health crises or addiction related crisis that are involved with the justice system, to keep them from incarceration or unnecessary hospitalization. The Safe Beds program is funded by the Ministry of Health and Long-Term Care. The Cornwall Community Hospital will provide the service to individuals from the area of Cornwall, SD&G, Prescott-Russell and Akwesasne. Presentation slides were shared to members.

iii. Are additional resources required to address these needs?

None discussed.

b. Opportunities for Collaboration

i. Are there opportunities for CANAA agencies to work together to address these needs?

None discussed.

## 12. Information Sharing

a. Changes to Programs and Services

i. Have there been any significant changes to community programs and services since our last meeting?

- Angela Vinet discussed that she is available to offer her midwife and doula services. Should anyone personally need her services or if any clients may need such services, please reach out to Stephanie for Angela's personal email.
- The community gardens are beginning. For more information, please contact Lisa Duprau at the Agape Centre.

a) Upcoming Events

i. Looking forward 3-6 months, are there any events coming up that could benefit from shared resources or assistance in spreading the word?

- Patti discussed an event coming up on June 7 or 8 regarding navigating steps to justice for community workers. She will share more information once things are finalized.
- Beacon Bags is providing a Human Trafficking Public Awareness event on May 30, 2023, from 6:30pm-8:30pm. Stephanie Casselman will be sharing more information.

c. Future Agenda Items

None.

Vouchers/Merchandise available:

- Haircuts (\$20 each): 2 left
- Thrift Store (\$10 each): 10 left (Serendipity Boutique and PastELLE)
- Giant Tiger (\$10 each): 2 left

d. **Adjournment & Next Meeting:**

AGM/Reintegration Workshop

**When:** June 22, 2023

**Time:** AGM – 1:30pm-2:00pm/Workshop – 2:00pm-4:00pm

**Location:** Virtual via Zoom

*Adjourned 10:55am/sn*