



CANAA Breakfast Meeting

Thursday, March 9, 2023

9:30 am to 11:30 am

In Person (Cornwall Public Library) and
Virtually via Zoom

Minutes

Members Present:

Regional Integrated Care
City of Cornwall
United Way of SD&G
Maison Interlude House
Maison Baldwin House
Assault and Sexual Abuse Program
Social Development Council
Social Development Council
City of Cornwall
Recovery Care
City of Cornwall
Individual
City of Cornwall
City of Cornwall
Glengarry Inter-Agency Group
ACC Futures
Spark Synergy
Centre de santé communautaire de l'Estrie
Maison Baldwin House

Josee Cotnam
Ashley Walker
Juliette Labossiere
Maxine Leblanc-Byham
Chesley Saucier
Crystal Bigelow
Carilyne Hebert
Melanie Boileau
Jennifer Bowen
Lacey Bingley
Lori Gibeau
Carol Boileau
Meagan Black
Laura Power
Joseph Chatelaine
Angela Vinet
Jessica Bourdeau
Ivan Labelle
Angele Lalonde

Guest Speakers:

Newcomer Employment Welcome Services

Sherry Brownlee

CANAA Coordinator/Recording Secretary:

Stephanie Nalepa

Chair:

City of Cornwall

Ashley Walker

Co-Chair:

Regional Integrated Care

Josee Cotnam

Treasurer:

Clinique juridique Roy McMurtry Legal Clinic

Patti Carson

1. **Call to Order / Welcome at 9:38am** – Ashley Walker welcomed everyone to the meeting.
2. **Land Acknowledgement** – Ashley read the Land Acknowledgment.
3. **Introductions** – All present were asked to introduce themselves.
4. **Ice Breaker Activity** – Ashley hosted the ice breaker game.
5. **Adoption of Agenda**
 Moved by: Maxine Leblanc-Byham
 Seconded by: Lacey Bingley
 It was resolved that the agenda be accepted as presented.
 CARRIED.
6. **Approval of Minutes**
 Moved by: Angela Vinet
 Seconded by: Maxine Leblanc-Byham
 It was resolved that the Minutes of January 12, 2022 be accepted as presented.
 CARRIED.
7. **Budget (April 1, 2021 – March 3, 2023)**
 The following was reported by Stephanie:

Source	Grant/Income	Revenues Y-T-D	Expenses Y-T-D	Balances
MCCSS (annualized funding)	\$24,813.38	\$22,745.59	\$23,959.47	\$853.91
CANAA Bank Account	\$12,543.79 (Opening Balance)	\$270.00	\$523.07	\$12,196.97

Moved by: Jessica Bourdeau
 Seconded by: Maxine Leblanc-Byham
 It was resolved that the Budget be accepted as presented.
 CARRIED.

8. Project Reports

- a) Strategic Planning Committee Updates
 - i. Priority #1: Boost Membership Growth and Network Connection (Ashley Walker, Elyse Lauzon-Alguire, Ivan Labelle, Jessica Bourdeau, Linda Rodgers, Patti Carson, Angela Vinet)
 This priority’s objectives include:
 - Expanding membership base to include survivors, supporters, and sector professionals from all across SDG&A.
 - Optimizing network meetings to include dynamic discussion, brainstorming and information sharing.
 - Creating structured opportunities for member connection and collaboration.
 - ii. Priority #2: Optimize Training and Service Delivery (Angele Lalonde, Ashley Walker, Bonnie Bishop, Elyse Lauzon-Alguire, Josee Cotnam)
 This priority’s objectives are:
 - Offering diverse workshops to members and the broader community.
 - Identifying and collectively addressing duplication of services, as well as service gaps.

iii. Priority #3: Enhance Community Awareness (Donna MacGillivray, Elizabeth Gagnon, Josee Cotnam, Juliette Labossiere, Stephanie Nalepa, Patti Carson)

This priority's objective is:

- Increasing awareness regarding threats of abuse, prevention, and services available.

Josee explained that if anyone would like to know more about any of the priorities or would like to join any of the committees, to please contact Stephanie. Stephanie will be reaching out to members about joining one or more of our committees.

9. New Business

a) Upcoming Meeting Dates:

Breakfast Meetings: May 4, 2023
September 14, 2023
November 16, 2023
January 18, 2024
March 21, 2024

AGM/Workshop: June 22, 2023

b) Guest Speaker

Sherry Brownlee – Newcomer Employment Welcome Services

Josee Cotnam introduced our guest speaker. Sherry presented about the Newcomer Employment Welcome Services. Stephanie will share the presentation slides with the membership.

Sherry discussed the following:

- Files are kept open for 3 months.
- They offer information sessions and workshops about various topics throughout the year. Most sessions are 1-2 hours in length.
- They offer weather adapting materials in the colder months (snowsuits) and host a clothing drive for newcomers. Clothing can be dropped off at La Citadelle.
- They work with IRCC.
- They are currently helping approx. 400 newcomers at the DEV Centre and approx. 280 newcomers at the Ramada.
- They offer women's groups, where women are able to discuss various topics and request referrals when needed.
- French testing for newcomers is through CESOC.

Angela Vinet mentioned to the group that ACC Futures can help newcomers with their businesses. If they would like more information, please contact ACC Futures.

c) Special Discussion

a. Approval of Extra Funding Recipients

Ashley discussed that there were 7 applications submitted for our partnership funding. After much discussion and deliberation, the two recipients that were chosen were Centre 105 and the Ontario SPCA. The two recipients were then presented to the members for approval.

Centre 105:

The funds will be used to continue growing their breakfast program. Centre 105 provides a fresh, well-balanced breakfast every Tuesday, Wednesday, and Friday morning from 9:00am until 12:00pm. Their numbers only continue to increase, and the statistics prove it. As the days go by, and inflation grows, the number of people that need access to their services will only continue to increase.

Moved by: Angela Vinet

Seconded by: Chelsey Saucier

It was resolved that the partnership funding recipient be accepted as presented.

CARRIED.

Ontario SPCA:

Currently there is no support for women with pets leaving domestic violence situation. Often times they will leave their pets behind or will stay in these violent situations longer than they should, so that they don't leave their companions. The human/animal bond is so strong and can help women going through these difficult situations. This funding will help them provide services for women leaving these situations where they will be able to leave with their companions. It will also allow them to fund their animal shelter costs for a short period, and/or provide veterinary costs for their pets.

Moved by: Maxine Leblanc-Byham

Seconded by: Chelsea Saucier

It was resolved that the partnership funding recipient be accepted as presented.

CARRIED.

b) Calendar Invites

Josee asked members if they would like meeting invites to be sent through the calendar. All were in agreement. Stephanie will be sending out Google invites moving forward.

b. Current and Emerging Trends

i. What are our clients top 3 most critical concerns?

The following critical concerns were discussed:

- Safe housing
- Food insecurity
- Victims leaving abusive relationships
- Human trafficking
- Basic needs

ii. Are there resources available to assist with these concerns?

- United Way is offering their Last Resort Fund through the House of Lazarus and the Agape Centre.
- CMHA offers a Cornwall housing subsidy. There is currently a waitlist, however the new fiscal year will open more available spots. Those applying must already be a client of CMHA.
- United Way is working on a resource list of available housing in our community. It should be finished by the end of May and will then be shared with the membership.
- Carol Boileau is checking with other municipalities about whether they have a limit on rental costs. Once her research is complete, she will be contacting City Council to present her findings. Carilyne mentioned that the Ontario government dictates how funding and costs are determined.
- Juliette mentioned the CTV article about Ottawa city council declaring intimate partner violence an epidemic. The article can be found at the following link:

<https://ottawa.ctvnews.ca/ottawa-city-council-declares-intimate-partner-violence-an-epidemic-1.6304415>. There was discussion of possibly contacting our City Council about the same epidemic.

iii. Are additional resources required to address these needs?
None discussed.

c. Opportunities for Collaboration

i. Are there opportunities for CANAA agencies to work together to address these needs?
None discussed.

d) Information Sharing

a. Changes to Programs and Services

i. Have there been any significant changes to community programs and services since our last meeting?

- GIAG: Their satellite office in Cornwall (Boundary Rd) is closing. They will be relocating to the EarlyON office on Brookdale Ave.

a) Upcoming Events

i. Looking forward 3-6 months, are there any events coming up that could benefit from shared resources or assistance in spreading the word?

- Social Development Council:
 - o They are hosting a Job Fair and community connections for employers and service providers (March 29 – 2 sessions).
 - o They have partnered with Job Zone and GIAG to offer prep sessions to help with resume writing and interviews (March 22).
 - o Sessions for employers of newcomers (March 21).
 - o Please see their Facebook page for more information or contact Carilyne to be placed on their email subscription lists.
 - o They are also hosting monthly community spotlight series through Zoom. If you would like to make a presentation about your agency, please contact Carilyne.
- City of Cornwall: They are offering their subsidized spay and neuter program in partnership with the OSPCA. Applicants must come in person during the designated registration days. Applicants must also be a resident of Cornwall.

d. Future Agenda Items

None.

Vouchers/Merchandise available:

- Grocery cards (\$25 each): none
- Gas cards (\$25 each): none
- Bus tickets (10-ride sheets): none
- Taxi vouchers (\$5 each): none
- Thrift Store cards (\$20 each): none

Stephanie asked members which gift cards could best help their clients. Members mentioned the following businesses:

- Food Basics
- MacEwen
- Bus Tickets

- Taxi Vouchers
- Serendipity Boutique
- Agape's New For You
- Giant Tiger
- First Choice Haircutters
- Boutique PastELLE
- Taxi Q4

Jessica suggested including Breakfast Meeting costs with the yearly membership fee. The Executive Team will discuss the possibility of offering this option for next year's membership fee.

e. Adjournment & Next Meeting:

Breakfast Meeting

When: May 4, 2023
Time: 8:30am-10:30am
Location: Best Western (Red Room)

Adjourned 11:10am/sn