



# CANAA Breakfast Meeting

Thursday, March 10, 2022

9:00 am to 10:00 am

Virtual Meeting via Zoom

## Minutes

### Members Present:

Centre de santé communautaire de l'Estrie  
York Centre  
Children's Aid Society  
Roy McMurtry Legal Clinic  
Situation Table  
OSPCA  
Seaway Valley Community Health Centre  
United Way  
Naomi's Family Resource Centre  
Regional Integrated Care  
Spark Synergy  
Victim/Witness Assistance Program  
Assault and Sexual Abuse Program  
Baldwin House

Ivan Labelle  
Ashley Walker  
Jenna David  
Patti Carson  
Elyse Lauzon-Alguire  
Bonnie Bishop  
Linda Rodgers  
Juliette Labossière  
Deborah Thomson  
Josee Cotnam  
Jessica Bourdeau  
Anik Paquette  
Crystal Bigelow  
Angele Lalonde

### CANAA Coordinator/Recording Secretary:

Roxanne Regnier

### Co-Chairs:

Youth Now  
York Centre

Alanna Wall  
Ashley Walker

### Treasurer:

Situation Table

Elyse Lauzon-Alguire

### Regrets:

Youth Now

Alanna Wall

**1. Call to Order / Welcome at 9:12a.m.** – Elyse welcomed everyone to the meeting.

**2. Roll Call and Round Table Introductions** – All present were asked to introduce themselves.

### 3. Adoption of Agenda

Moved by: Josee Cotnam

Seconded by: Jessica Bourdeau

It was resolved that the agenda be accepted as presented.

CARRIED.

#### 4. Approval of Minutes

##### 4.1 Minutes from Breakfast Meeting dated January 13, 2022

Moved by: Jessica Bourdeau

Seconded by: Juliette Labossière

It was resolved that the Minutes of January 13, 2022 be accepted as presented.

CARRIED.

#### 5. Budget (April 1, 2021 – March 10, 2022)

The following was reported by Elyse:

Source	Grant/Income	Revenues Y-T-D	Expenses Y-T-D	Balances
MCCSS (annualized funding)	\$24,813.38	\$24,813.38	\$21,359.58	\$3,453.80
CANAA Bank Account	\$11,710.59 (Opening Balance)	\$1,560.00	\$158.55	\$11,543.79

Moved by: Bonnie Bishop

Seconded by: Jessica Bourdeau

It was resolved that the Budget be accepted as presented.

CARRIED.

#### 6. Project Reports

##### 6.1: Recognize, Report & Resolve - Barriers workshop

This workshop will take place on March 24, 2022

##### 6.2: Human Trafficking Presentation

This presentation will take place on October 20, 2022

##### 6.3: Launch and Approval of the Strategic Plan 2022-2023

Jessica Bourdeau (Spark Synergy) explained CANAA's new strategic plan. She described the purpose, vision and mission. She listed the values which are *Respect, Integrity, Trust, Inclusion and Collaboration* as well as the strategic priorities which consist of:

- Boosting membership growth and network connection
- Optimizing training and service delivery
- Enhancing community awareness

Moved by: Bonnie Bishop

Seconded by: Josee Cotnam

It was resolved that the Strategic Plan for 2022-2023 be accepted as presented

CARRIED.

She then went on to share and describe the Operational Plan. She asked everyone in attendance to look over the three priorities and select which one they would like to participate in as a member of a sub-committee. Breakout rooms were established for each priority where timelines as well as leads were determined. The result of the breakout sessions was then shared with everyone.

## 7. New Business

### 7.1: Upcoming Meeting Dates:

AGM: June 23, 2022

Breakfast Meetings: May 12, 2022  
September 8, 2022  
November 10, 2022  
January 12, 2023  
March 9, 2023

### 7.2: Swag:

Ear buds, post it notes and pens.

### 7.3: Vouchers/Merchandise

Available:

- Grocery cards (\$25 each): 12 remaining
- Gas cards (\$25 each): 6 remaining
- Bus tickets (10-ride sheets): 11 remaining
- Taxi vouchers (\$5 each): 43 remaining
- Thrift Store cards (\$10 each): 1 remaining

## 9. Information Sharing

- **Centre de santé Communautaire de l'Estrie:**

It was shared that *Relais santé* is the French version of *Bridging Gaps*, and that Carefor is in dire need of clothes and undergarment donations.

- **York Centre:**

The Music Trivia Mania Fundraiser will take place on May 13, 2022 at the Knights of Columbus Hall.

- **United Way:**

Tampon Tuesday started March 9, 2022 and will run through to March 22, 2022

- **Spark Synergy:**

A reminder was given to everyone that 211 is a great resource for information.

- **10. Future Agenda Items:**

Nothing was indicated in terms of future agenda items at this meeting.

**13. Adjournment & Next Meeting:**

**When:** May 12, 2022  
**Time:** 9:00a.m. – 10:00am  
**Location:** Virtually via Zoom

*Adjourned 10:38AM/rr*