



# CANAA Breakfast Meeting

Thursday, January 13, 2022

9:00 am to 10:00 am

Virtual Meeting via Zoom

## Minutes

### Members Present:

Roy McMurtry Legal Clinic  
Équipe psycho-sociale  
Seaway Valley Community Health Centre  
United Way  
Youth Now  
CCH - Community Addictions & Mental Health  
Children's Aid Society  
Contact North  
Baldwin House  
Regional Integrated Care  
Sexual Assault Support Services for Women  
Sexual Assault Support Services for Women  
Spark Synergy  
Youth Now  
Maison Interlude  
Assault and Sexual Abuse Program

Patti Carson  
Dianne Séguin  
Linda Rodgers  
Juliette Labossière  
Alanna Wall  
Jordan Sombrutski  
Jenna David  
Barb Matthews  
Danielle MacNeil  
Josee Cotnam  
Angela Vinet  
Devin Couchman  
Jessica Bourdeau  
Kim Hayward  
Linda Bissonnette  
Crystal Bigelow

### CANAA Coordinator/Recording Secretary:

Roxanne Regnier

### Co-Chairs:

Youth Now

Alanna Wall

### Regrets:

Individual  
GIAG  
Situation Table  
York Centre

Meagan Bingley  
Laurie Legue  
Elyse Lauzon-Alguire  
Ashley Walker

**1. Call to Order / Welcome at 9:08a.m.** – Alanna welcomed everyone to the meeting.

**2. Roll Call and Round Table Introductions** – All present were asked to introduce themselves.

### 3. Land Acknowledgment

### 4. Adoption of Agenda

Moved by: Patti Carson

Seconded by: Jessica Bourdeau

It was resolved that the agenda be accepted as presented.

CARRIED.

## 5. Approval of Minutes

### 5.1 Minutes from Breakfast Meeting dated September 23, 2021

Moved by: Dianne Séguin

Seconded by: Juliette Labossière

It was resolved that the Minutes of September 23, 2021 be accepted as presented.  
CARRIED.

## 6. Budget (April 1, 2021 – January 13, 2021)

The following was reported by Alanna:

Source	Grant/Income	Revenues Y-T-D	Expenses Y-T-D	Balances
MCCSS (annualized funding)	\$24,813.38	\$18,610.04	\$13,770.51	\$11,042.87
CANAA Bank Account	\$11,710.59 (Opening Balance)	\$1,560.00	\$142.05	\$11,568.54

Moved by: Juliette Labossière

Seconded by: Jessica Bourdeau

It was resolved that the Budget be accepted as presented.  
CARRIED.

## 7. Project Reports

### 7.1: Burnout to Balance Workshop

The Burnout to Balance Workshop took place on November 29, 2021. A link to view the workshop was available to everyone who had missed it.

### 7.2: Child Welfare Redesign

MCCSS provided an information session regarding Child Welfare Redesign on December 7, 2021.

### 7.3: Strategic Plan

There will be a strategic planning session following the breakfast meeting.

## 8. New Business

### 8.1: Upcoming Meeting Date

Breakfast Meeting: March 10, 2022

### 8.2: Email motion: New Co-Chair

Alanna informed everyone that the email sent to all members on December 7, 2021 requesting approval of Ashley Walker as the new CANAA co-chair to replace Farhana Meghji was accepted. The new Executive Committee consists of Elyse Lauzon-Alguire as the treasurer, Alanna Wall and Ashley Walker as co-chairs.

### 8.3: Membership Renewal

The CANAA membership renewal for 2022-2023 will begin in the near future.

### 8.4: Swag:

Ear buds, post it notes and pens are available for CANAA members.

### 8.5: Vouchers/Merchandise

Available:

- Gas cards (\$25 each): 3 remaining
- Bus tickets (10-ride sheets): 10 remaining
- Thrift Store cards (\$10 each): 1 remaining
- Grocery Cards (\$25 each): 3 remaining
- Taxi Vouchers (\$5 each): 53 remaining

## 9. Information Sharing

Regional Integrated Care have two Care Coordinator positions and an administrative position open in the Ottawa area. Anyone interested can contact Josee Cotnam.

L'Équipe psycho-sociale will provide in-person counselling only if it cannot be done virtually.

Baldwin House held a fundraiser to raise money for the purchase of a new vehicle. Their goal was \$50,000.00 and they raised \$64,000.00.

The United Way has advised that they have a program that can help with situational homelessness. It was also mentioned that *The Last Resort Fund* has been resurrected. The funds will help keep people in their homes by helping with items such as bills and rent. The funds will be managed by the House of Lazarus. There will also be a final round of hampers in February.

Contact North continues to register individuals for courses.

A question was raised as to what members are currently seeing as trending among their clients. All were in agreement that housing, income security and mental health are currently big problems.

## 10. Future Agenda Items:

Nothing was indicated in terms of future agenda items at this meeting.

## 11. Adjournment & Next Meeting:

**When:** March 10, 2022  
**Time:** 9:00a.m. – 10:00am  
**Location:** Virtually via Zoom

*Adjourned 9:30 AM/rr*