

Réseau d'action
communautaire
contre l'abus



Community
Action Network
Against Abuse

Stormont, Dundas, Glengarry & Akwesasne

***FREE* TEAM AND WORKPLACE DYNAMICS WORKSHOP**
Wednesday, April 11, 2018 8:30am until noon (breakfast provided)
Ramada Inn, 805 Brookdale Avenue, Cornwall, Ontario

Tickets available at <https://www.eventbrite.com/e/team-and-workplace-dynamics-workshop-tickets-43975758678>

Join us for a 3-hour Workshop offered by Jamie Tyrell of Tyrell Consulting and coordinated through the Community Action Network Against Abuse (CANAA).

The nature of the work you do can have an impact on your life that you were not expecting when you started your career. Who would have thought after working a few years in this field that you would feel worn out? Why do you do the work you do?

Workplace Dynamics relate to the interpersonal and interdependent process of work – how things get done, who does what and how team members relate to their tasks and each other. Working in teams is complex as there are many variables involved; skill sets, communication styles, relationships, motivation and much more. What if some of our team members are facing challenges such as burnout or working to get a paycheque and nothing else? How does that impact the individual which in turn impacts the work environment? And how do we as individuals deal with change in an ever changing environment?

Come participate in this workshop where you will engage on the topics mentioned, network with each other and dust off some tools in your toolbox.

AGENDA: (bring a notepad)

8:15 am: Registration

8:30 am: Breakfast

9:00 am: Workshop

10:15 am: Break

10:30 am: Workshop

11:45 am: Q & A

For more information, contact Sylvie at
canaa.racca.coordinator@gmail.com *or at (613) 930-0211*