Stress Management in the Workplace - Workshop

Tuesday, January 27th 2017 8:30-4:30pm
Ramada Inn, Cornwall

The Multi-Disciplinary Team (MDT) is a group of professionals that work together to provide well-coordinated care. Members within the MDT are highly skilled, and are often experts in their field.

Community members accessing services from a MDT benefit because:
-The MDT can be efficient, a one-stop shop, for the person accessing the service.
-MDT can improve outcomes for community members because they offer comprehensive care plans, and can often problem solve quickly.
-The MDT offers different perspectives, however all members of the MDT seek to empower the Community member.
-A good MDT provides seamless services to their target audience.

Successful multi-disciplinary teams all have key characteristic in common - they are highly integrated, have great communication and information sharing, and seek to empower children and families.

The goal of this training is to improve the efficiency and effectiveness of a multi-disciplinary team approach.
The objectives of the training sessions are to:

- Improve the effectiveness of your team.
- Understand how to improve the MDT.
- Improve communication.
- Increase productivity and efficiency of the MDT.

The workshop will be delivered by Brigitte Blazina. Brigitte is a Program Manager of a large Community Health Program. Brigitte obtained her Bachelor of Science in Nursing from Trent University, and obtained her Masters in Healthcare Quality from Queen's University. She is able to apply the concepts of her program into her work, and has focused on program development and evaluation. Ms. Blazina has over ten years' experience in working in multi-disciplinary teams, and has provided direct client care in a variety of settings, which include: Hospital, Community Health Center.

"Alone we can do so little; together we can do so much"- Helen Keller

Training coordinated by:

Réseau d'action communautaire contre l'abus
CANAA RACCA
Community Action Network Against Abuse
Stormont, Dundas, Glengarry & Akwesasne

Multi-Disciplinary Team Development Training