

# Budgeting Seminar - Part 2

## Client Training

Wednesday, June 1<sup>st</sup>, 2016 10:00am-12:00pm

Thursday, June 9<sup>th</sup>, 2016 6:00pm-8:00pm

Ramada Inn, Cornwall



Getting control of your money is the first step to getting out of debt and leading a unique lifestyle.

Learn how to create an emergency fund, do a budget that tells your money what to do, organize your debts so you can eliminate them, and the tricks to living within a budget (ways to save) that you never thought of.

These skills are pertinent for those living with limited resources so that their existence does not become money focused, and they can continue to enjoy the life they lead.

In this Seminar, clients will have the opportunity to attend one of two seminars to help them complete a budget. This part will be free for any clients referred by partner agencies within the Cornwall, Stormont, Dundas, Glengarry & Akwesasne Area.

The workshops will be delivered by Scott Beck. For over 25 years, Scott has been involved in the financial planning industry, from working as an advisor, trainer, manager and even compliance & enforcement officer to holding seminars on basic financial literacy in his community. He believes that the average person has failed to have the basics of handling money presented to them, and that this is what has led to many people leading a cheque-to cheque existence. By education and persistence, he has led many to lead a life they did not know was possible, free from the stress of day to day money worries. He is currently working on a book on financial planning for everybody, and continues to stress a debt free life is possible for all of us.

Fay Emerton-Proulx, City of Cornwall's Ontario Work's Program Supervisor, will also be doing a brief presentation on local community resources which offer counselling, guidance, and courses on how to adjust expenses to income (personal budgeting), as well as where clients can find other community resources (such as green food boxes) that will help them minimize expenses (only on June 1<sup>st</sup>, 2016).

*“Money is worth what it will help you to produce or buy and no more.” – Henry Ford*

**Training coordinated by:**

Réseau d'action  
communautaire  
contre l'abus



Community  
Action Network  
Against Abuse

Stormont, Dundas, Glengarry & Akwesasne